

Report Year 04-2014 to 04-2015

Activity 1

The Centre has implemented the collection of documents and materials regarding Traditional Phytotherapy and chemical and clinical information related to several medicinal plants most of which are included in the WHO monographs. Using these materials the Centre has organized and conducted basic training courses targeted to medical doctors and other health care providers to give them the knowledge and skills needed for the correct and appropriate use of Traditional Phytotherapeutic Medicine:

- o At State University - Milan: Basic training courses of Traditional Chinese Medicine
 - o At University La Sapienza – Rome: Master of Phytotherapy
 - o At University Bicocca Monza - Lombardy Region: Basic training on T&CM
 - o In cooperation with Private Schools: Advanced Training in Acupuncture and Phytotherapy
- 50 students trained for year/for course

The Centre is promoting several basic training courses for medical doctors and other health care providers, at international level, for providing knowledge and skills in the fields of T&CM and of hydrotherapy.

- o In alliance with FEMTEC an International School of Thermal Integrated Medicine is growing up:
 - Thermae Campus
 - National Children's Rehabilitation Center of Astana (Kazakistan)
 - Clinical Department of the Institute of Thermal Medicine, Physical Therapy and Rehabilitation of the Ministry of Health, Russian Federation, Moscow
- 100 students trained for year/ for course

Activity 2

The Centre is still collecting data in collaboration with several public institutions and scientific medical societies. Information has been drawn from existing research in the areas of homoeopathy, osteopathy, acupuncture, phytotherapy and hydrotherapy. Special attention has been given to cost-effectiveness studies, monitoring and survey studies. In addition, the Centre has assessed existing partnership models for the integration of T&CM in the health care system.

As result of the research of scientific associations for implementing clinical trials, the Centre has found some societies available for developing new clinical trials:

- Italian societies of Acupuncture
- ICOM (International Council for Osteopathic Medicine)
- FoRST (Italian Foundation for Thermal Medicine Research)

As result of the research of review has been produced a document on Hydration as basis for the prevention of diseases and for the implementation of the subjective and objective wellbeing. The document has been presented in EXPO meeting at Milan.

Activity 3

The project for the creation of a database has been completed but there has been a delay in the presentation of it to the WHO T&CM team to assess from a legal point of view:

- whether there are issues of copyright;
- if the WHO has problems to attend to the implementation of the database;
- if WHO could provide technical support;
- if other institutions could participate in the implementation of the database and on what basis.

Activity 4

The Centre is still implementing a directory of relevant partners that could provide scientific and technical support to WHO T&CM activities in the implementation of WHO Traditional and Complementary Medicine Strategy 2014-2023, as well as a directory of potential donors. Several potential partners have been contacted, in particular in the hydrotherapeutic field.

It includes:

- i. FoRST, Italian Foundation for Thermal Medicine Research
- ii. Emilia Romagna Region Thermal Medicine Cluster
- iii. National Children's Rehabilitation Center of Astana (Kazakistan)
- iv. Institute of Physical Therapy, Rehabilitation and Thermal Medicine
Ministero della Salute of the Ministry of Health, Russian Federation,
Moscow
- v. Ministry of Health, Tunisia
- vi. Faculty of Pediatric of Second State University of Medicine, Moscow
- vii. Department of Ethno-pharmacology of Pavia University

We have developed one study on an ancient but still modern therapy: Hydration with FEMTEC (NGO in official relation with WHO), with the patronage of Italian Ministry of Health and with the technical support of the T&CM team.